

Subject Details	Subject title, code and credit hours	CPSY570, Psychopathology, 3KU, 6 AKTS	
	Department	Psychology	
	Program (undergraduate, graduate)	Graduate	
	Associated Term	Fall 2025	
	Instructor	Zeynalova Aygun	
	E-mail:	<a href="mailto:isgandarovaaygun@gmail.com">isgandarovaaygun@gmail.com</a>	
	Phone	-	
	Lecture room/Schedule	Neftchilar campus	
	Consultations	After the classes - 30 minutes	
Teaching language	English		
Subject type (mandatory/elective)	Mandatory		
Readings	<div>1. American Psychiatric Association. (2022). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed., text rev.; DSM-5-TR). American Psychiatric Publishing.</div> <div>2. Kring, A. M., Johnson, S. L., Davison, G. C., &amp; Neale, J. M. (2022). <i>Abnormal psychology</i> (15th ed.). Wiley.</div> <div>3. Barlow, D. H., &amp; Durand, V. M. (2021). <i>Abnormal psychology: An integrative approach</i> (9th ed.). Cengage Learning.</div> <div>4. Insel, T. R. (2022). <i>Healing: Our path from mental illness to mental health</i>. Penguin Press.</div> <div>5. Widiger, T. A. (Ed.). (2020). <i>The Oxford handbook of psychopathology</i> (3rd ed.). Oxford University Press</div> <div>6. Oxford handbook of psychiatry 4th edition 2019</div> <div>7. Fish's clinical psychopathology 4th edition</div> <div>8. The Complete OCD Workbook: A Step-by-Step Guide to Free Yourself from Intrusive Thoughts and Compulsive Behaviors Paperback – November 20, 2018</div>		
Teaching Methods	Lecture	+	
	Group discussions	+	
	Activities	+	
	Analysis of activities	+	
	Other	+	
Assessment and Grading	Components	Deadlines	Percentage (%)
	Attendance	During semester	5
	Participation	During semester	5
	Quiz I	Until midterm exam	10
	Midterm Exam	Week 8	30
	Quiz II	Until final exam	10
	Final Exam	January	40
Course Description	This course provides a comprehensive overview of psychopathology, the scientific study of mental disorders. Students will explore the etiology, classification, diagnosis, and treatment of major psychological disorders as outlined in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5-		

	<p>TR). Emphasis will be placed on the biopsychosocial model, incorporating biological, psychological, and sociocultural perspectives on mental illness. Through critical analysis of contemporary research and case studies, the course will examine disorders across the lifespan, including anxiety disorders, mood disorders, schizophrenia spectrum disorders, personality disorders, trauma- and stressor-related disorders, and neurodevelopmental disorders. Special attention will be given to the ethical, cultural, and systemic factors that influence diagnosis and treatment.</p> <p>This course aims to prepare students for advanced studies in clinical psychology, counseling, social work, or psychiatry, and to develop a nuanced understanding of mental health and illness in modern society.</p> <p>We examine a variety of mental disorders from several different theoretical perspectives. We focus on diagnostic issues, epidemiology, causes, gender differences, and treatments of each disorder.</p>
Course Aims	<ol style="list-style-type: none"> <li>1. Introducing students to the scientific study of mental disorders, including their classification, diagnosis, and etiology, using the DSM-5-TR as a primary framework.</li> <li>2. Foster a critical understanding of the major categories of psychopathology, such as mood disorders, anxiety disorders, psychotic disorders, personality disorders, and neurodevelopmental disorders.</li> <li>3. Explore the biopsychosocial model as a comprehensive approach to understanding the development and maintenance of psychological disorders.</li> <li>4. Examine cultural, ethical, and systemic considerations in the assessment, diagnosis, and treatment of mental illness.</li> <li>5. Enhance students' ability to critically evaluate psychological research related to psychopathology, including current debates and emerging trends.</li> <li>6. Develop foundational skills in diagnostic reasoning through engagement with clinical case studies and evidence-based literature.</li> <li>7. Prepare students for further study or clinical training in psychology, counseling, psychiatry, or related mental health fields.</li> </ol>
Learning Outcomes	<p>By the end of this course, students will be able to:</p> <ul style="list-style-type: none"> <li>• Identify and describe the major categories of psychological disorders as defined in the <i>DSM-5-TR</i>.</li> <li>• Explain the key biological, psychological, and sociocultural factors contributing to the development and maintenance of mental disorders.</li> <li>• Apply the biopsychosocial model to the understanding of specific psychological disorders across the lifespan.</li> <li>• Critically evaluate current research and theoretical approaches in the field of psychopathology.</li> <li>• Demonstrate awareness of ethical, cultural, and contextual issues in the diagnosis and treatment of mental illness.</li> <li>• Analyze clinical case studies to formulate diagnostic impressions based on DSM-5-TR criteria.</li> <li>• Communicate knowledge of psychopathology clearly and effectively through written and oral formats, using appropriate psychological terminology.</li> </ul>
Marking Criteria	<p>Attendance</p> <ul style="list-style-type: none"> <li>• Regular Attendance: Attends class sessions consistently, with minimal absences.</li> </ul>

	<ul style="list-style-type: none"> <li>• Punctuality: Arrives on time for class sessions.</li> </ul> <p>Participation</p> <ul style="list-style-type: none"> <li>• Active Engagement: Regularly contributes to class discussions and activities.</li> <li>• Quality of Contributions: Offers thoughtful and insightful comments that demonstrate understanding of the material.</li> <li>• Respectful Dialogue: Listens attentively to others and engages in respectful and constructive dialogue.</li> </ul> <p>Quiz I</p> <ul style="list-style-type: none"> <li>• Knowledge and Understanding: Demonstrates a clear understanding of the key concepts, and theories covered in the first half of the semester.</li> <li>• Application: Can effectively apply theoretical knowledge to real-world scenarios and case studies related to the covered material.</li> <li>• Accuracy: Answers questions accurately and comprehensively.</li> </ul> <p>Midterm Exam</p> <ul style="list-style-type: none"> <li>• Knowledge and Understanding: Demonstrates a clear understanding of key concepts and theories related to psychopathology.</li> <li>• Critical Thinking: Applies critical thinking skills to analyze and evaluate information, drawing logical conclusions and making well-supported arguments.</li> <li>• Clarity and Organization: States ideas clearly and logically, using appropriate language and structure.</li> </ul> <p>Quiz II</p> <ul style="list-style-type: none"> <li>• Knowledge and Understanding: Demonstrates a clear understanding of the key concepts and theories covered in the second half of the semester.</li> <li>• Application: Can effectively apply theoretical knowledge to real-world scenarios and case studies related to the remaining material.</li> <li>• Accuracy: Answers questions accurately and comprehensively.</li> </ul> <p>Final Exam</p> <ul style="list-style-type: none"> <li>• Comprehensive Understanding: Demonstrates a comprehensive understanding of the course material, including key concepts and theories.</li> <li>• Critical Thinking and Application: Applies critical thinking skills to analyze and evaluate information, and effectively applies theoretical knowledge to real-world scenarios.</li> <li>• Problem-Solving: Can solve problems related to psychopathology, demonstrating a deep understanding of the subject matter.</li> <li>• Clarity and Organization: States ideas clearly and logically, using appropriate language and structure.</li> </ul>
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Rules (educational policy and behavior)	<p>We want to build a classroom climate that is safe for all. It is important that we</p> <ul style="list-style-type: none"> <li>• display respect for all members of the classroom – including the instructor and students;</li> <li>• pay attention to and participate in all class sessions and activities;</li> <li>• avoid unnecessary disruption during class time (e.g. having private conversations, reading the newspaper, surfing the Internet, doing work for other classes, making/receiving phone calls, text messaging, etc.);</li> <li>• avoid racist, sexist, homophobic, or other negative language that may unnecessarily exclude members of our campus and classroom. This is not an exhaustive list of behaviors; rather, it represents examples of the types of things that can have a dramatic impact on the class environment.</li> </ul>	
Week	Topics	Reference
1.	Introduction to History of Treatment of Psychopathology; General Psychopathology	Fish's clinical psychopathology 4th edition p. 11
2.	Anxiety Disorders	Oxford handbook of psychiatry 4th edition Oxford handbook of psychiatry 4th edition p. 426
3.	Posttraumatic Stress Disorder	Oxford handbook of psychiatry 4th edition p. 322
4.	Obsessive-Compulsive Disorder	The Complete OCD Workbook: A Step-by-Step Guide to Free Yourself from Intrusive Thoughts and Compulsive Behaviors Paperback – November 20, 2018
5.	Eating Disorders	Oxford handbook of psychiatry 4th edition p. 489
6.	Quiz I	
7.	Depressive Disorders	Fish's clinical psychopathology 4th edition p. 72 Oxford handbook of psychiatry 4th edition p. 303
8.	Midterm Exam	
9.	Bipolar Disorder	Fish's clinical psychopathology 4th edition p. 72 Oxford handbook of psychiatry 4th edition p. 369
10.	Dissociative Disorders; Somatic Symptom Disorders	Oxford handbook of psychiatry 4th edition p. 909
11.	Schizophrenia	Oxford handbook of psychiatry 4th edition p. 262
12.	Quiz II	
13.	Alcohol/Drug Disorders	Oxford handbook of psychiatry 4th edition p. 651
14.	Personality Disorders	Fish's clinical psychopathology 4th edition p. 109 Oxford handbook of psychiatry 4th edition p. 608

15.	Legal and Ethical Issues	Oxford handbook of psychiatry 4th edition Oxford handbook of psychiatry 4th edition p. 1021
16.	Final Exam	